IRON FIST MARTIAL ARTS ACADEMY

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| | MON | TUE | WED | THU | |
|-------|----------------------|----------------------------------|----------------|--|---------|
| 3:30p | | (Ages 4 - 7) | | (Ages 4 - 7) | |
| | | LITTLE NINJAS | | LITTLE NINJAS | Signal |
| 4:30p | (Ages 6½ - 15) | (Ages 6½ - 15) | (Ages 6½ - 15) | (Ages 6½ - 15) | |
| | MARTIAL ARTS | MARTIAL ARTS | MARTIAL ARTS | MARTIAL ARTS | |
| 5:30p | ADVANCED BELTS | LIGHT FORCE ACADEMY | ADVANCED BELTS | | READERS |
| | (GREEN BELTS+) | CADETS (AGES 6½ - 15) | (GREEN BELTS+) | | CHOICE |
| 6:30p | KICKBOXING 1100 BODY | KICKBOXING INC. | KICKBOXING | KICKBOXING INCOME IN THE REPORT OF THE REPOR | |
| 7:30p | | LIGHT FORCE ACADEMY ADULTS (15+) | | LIGHT FORCE ACADEMY ADULTS (14+) | |
| | | | | | |



: ALL CLASSES WILL RUN ZOOM IN CONJUNCTION WITH IN-DOJO CLASS









