

IRON FIST MARTIAL ARTS ACADEMY













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	MON	TUE	WED	THU	   
3:30p		(Ages 4 - 7) LITTLE NINJAS		(Ages 4 - 7) LITTLE NINJAS	
4:30p	(Ages 6½ - 15) MARTIAL ARTS	(Ages 6½ - 15) MARTIAL ARTS	(Ages 6½ - 15) MARTIAL ARTS	(Ages 6½ - 15) MARTIAL ARTS	
5:30p	ADVANCED BELTS (GREEN BELTS+)	 LIGHT FORCE ACADEMY CADETS (AGES 6½ - 15)	ADVANCED BELTS (GREEN BELTS+)		
6:30p	 KICKBOXING	 KICKBOXING	 KICKBOXING	 KICKBOXING	
7:30p		 LIGHT FORCE ACADEMY ADULTS (15+)		 LIGHT FORCE ACADEMY ADULTS (14+)	
 zoom : ALL CLASSES WILL RUN ZOOM IN CONJUNCTION WITH IN-DOJO CLASS					

